FEBRUARY IS DATING VIOLENCE AWARENESS MONTH



-- Nicole Kidman

Dating abuse is a serious issue that most people don't know about. Nearly 1 in 3 young people report having been physically, verbally, emotionally or sexually abused in a relationship. But only 1 in 3 who have been abused ever tell anyone about it. Although dating violence can affect anyone, young women are at the greatest risk. Breakups can be a time of even greater risk even, when a relationship was never physically abusive. Find out more about the warning signs of an abusive relationship and how you can help someone who might be in one. Help raise awareness in your school and in your community.

Do One Thing For A Better World

- 1. Ask your Mayor or City Council to declare a Proclamation or Resolution for the Month
- 2. Wear a purple ribbon or a heart on your sleeve
- 3. Distribute Free Dating Pledge Cards (StopDatingViolence.org)
- 4. Find out if your school has a Dating Violence Policy

Links To Find Out More or Get Help

BreakTheCycle.org * HaveAHeart.org JenniferAnn.org * LindsayAnnBurke.com LoveIsRespect.org * NoMeansKnow.org StopDatingViolence.org * TheSafeSpace.org The National Teen Dating Abuse Helpline 1-866-331-9474

Sample Proclamation for Your Mayor or Council

Whereas, dating violence is a reality for many youth, and an issue that many parents are unaware of; and, Whereas, 1 in 3 young people are affected by physical, sexual, or verbal dating violence, with 1 in 5 in a serious relationship reporting having been slapped, pushed, hit, threatened or coerced by a partner, and breakups can be a time of even greater risk even when a relationship was never physically abusive; and,

Whereas, Young people can choose better relationships when they understand that healthy relationships are based on respect and learn to identify early warning signs of an abusive relationship; and

Whereas, Elimination of dating violence must be achieved through cooperation of individuals, organizations, and communities; and,

Whereas, Dating Violence Awareness & Prevention Month provides an excellent opportunity for citizens to learn more about preventing dating violence and to show support for the numerous organizations and individuals who provide critical advocacy, services and assistance to victims;

Now therefore be it, Resolved, That I, ______, do hereby proclaim the month of February, as Dating Violence Awareness & Prevention Month in _____.

Please send a copy of your Mayor or Governor's proclamation to: StopDatingViolence.org / The EMILY Fund - PO Box 430, Roosevelt, NJ 08555-0430 or send a scan to 1-888-247-1291 or info@StopDatingViolence.org



DO ONE THING

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