

BE A HERO FOR A BETTER WORLD



"Great difficulties may be surmounted by patience and perseverance."  
— Angel Adams

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"Nothing could be worse than the fear that one has given up too soon, and left one unperformed effort which might have saved the world."  
— Jane Addams

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"When the story of these times gets written, we want to say that we did all we could, and it was more than anyone could have imagined."  
— Jane Addams

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"Some was not built in a day - opposition will come your way. But the harder the battle you see, is the sweeter the victory."  
— Jimmy Cliff

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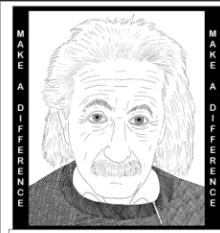
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"The only failure is not to try."  
— George Clooney

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"It's not that I'm so smart, it's just that I stay with problems longer."  
— Albert Einstein

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Quotes for a  
**BetterWorld**  
PERSEVERANCE  
...make a difference...

BE A HERO FOR A BETTER WORLD



"Energy and persistence conquer all things."  
— Benjamin Franklin

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"The best way to guarantee a loss is to quit."  
— Morgan Freeman

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"If you really want something, and really work hard, and take advantage of opportunities, and never give up, you will find a way. Follow your Dreams."  
— Jane Goodall

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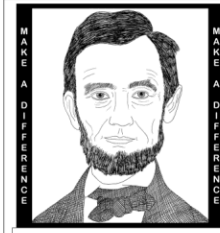


"Deafness is simply a signal to press onward."  
— Helen Keller

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Do One Thing  
for a Better World.  
Together  
We Make a World of Difference!

BE A HERO FOR A BETTER WORLD



"The probability that we may fail in the struggle ought not to deter us from the support of a cause we believe to be just."  
— Abraham Lincoln

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"I think a hero is an ordinary individual who finds it enough to persevere and endure in spite of overwhelming obstacles."  
— Christopher Reeve

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"It is common sense to take a method and try it. If it fails, admit it frankly and try another. But above all, be persistent."  
— Franklin D. Roosevelt

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"When you get into a tight place and everything goes against you, till it seems as though you could not hang on a minute longer, never give up then, for it is just the place and time that the tide will turn."  
— Helen Keller

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"All endeavor calls for the ability to hang the last mile, shape the last plan, endure the last hour's toil. 'Till right to the finish sprint to the one, clear objective we must attain if we are to live the future we envision."  
— Lili Finley

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"The two most powerful warriors are patience and time."  
— Lili Finley

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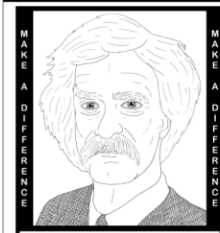
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"If you are tired, keep going. If you are scared, keep going. If you are hungry, keep going. If you want to taste freedom, keep going."  
— Mark Twain

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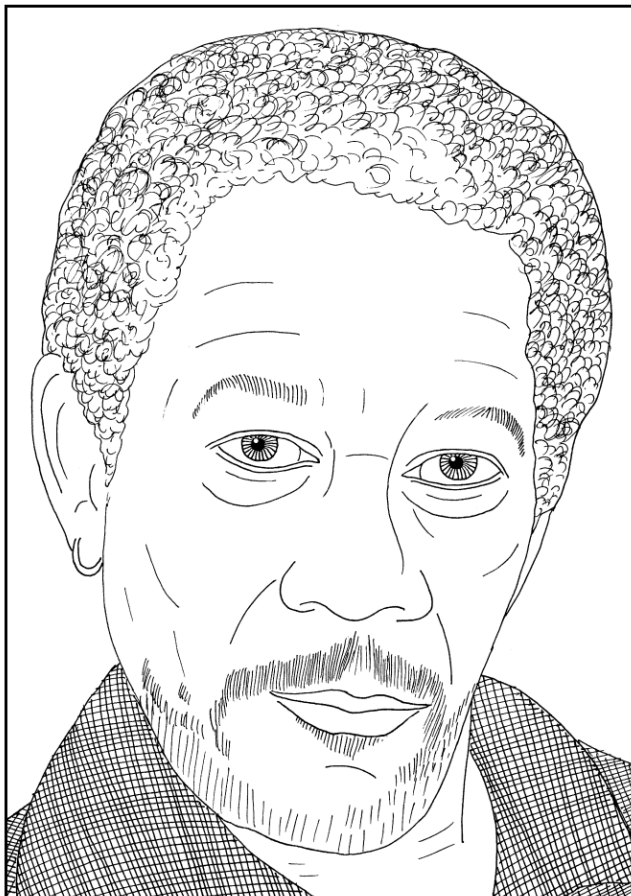


"The morals, or the power, that elevates the few is to be found in their industry, application, and perseverance under the pressure of a brave, determined spirit."  
— Mark Twain

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# WHAT'S YOUR BETTERWORLD ISSUE?

## Perseverance



**"The best way to guarantee a loss is to quit."  
-- Morgan Freeman**

*"Great difficulties may be surmounted by  
patience and perseverance."  
-- Abigail Adams*

Most of the achievements and victories for a better world that have been won by individuals, nations and movements have come after long periods of dedication, hard work and struggle.

Perseverance Day, on February 27, is an opportunity to commemorate the important victories for a more peaceful, just and sustainable world that have been won, despite the odds and the hardships that brave, courageous better world heroes have had to endure.

Perseverance Day is also a time to remind ourselves to follow our dreams of a better world, and to keep on trying, even when there seems to be little hope, because it is the right thing to do. We may never know how the seeds of kindness that we plant may help others on their journey, today, or even sometime far in the future. But every act of compassion makes a difference!

*"To every obstacle oppose patience,  
perseverance and soothing language."  
-- Thomas Jefferson*

*"If you really want something, and really work hard, and take advantage of opportunities,  
and never give up, you will find a way.. Follow your Dreams."  
-- Jane Goodall*

### Do One Thing for a Better World

**"The best way to guarantee a loss is to quit."**

**"I always tell my kids if you lay down, people will step over you. But if you keep scrambling, if you keep going, someone will always, always give you a hand. Always. But you gotta keep dancing, you gotta keep your feet moving."  
-- Morgan Freeman**

### Try, Try Again

**"If there is no struggle, there is no progress."  
-- Frederick Douglass**

**"Our greatest glory is not in never failing, but in rising up every time we fail."  
-- Ralph Waldo Emerson**

**"Energy and persistence conquer all things."  
-- Benjamin Franklin**

## DO ONE THING

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# BE A HERO FOR A BETTER WORLD

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**"Great difficulties may be surmounted by patience and perseverance."  
-- Abigail Adams**

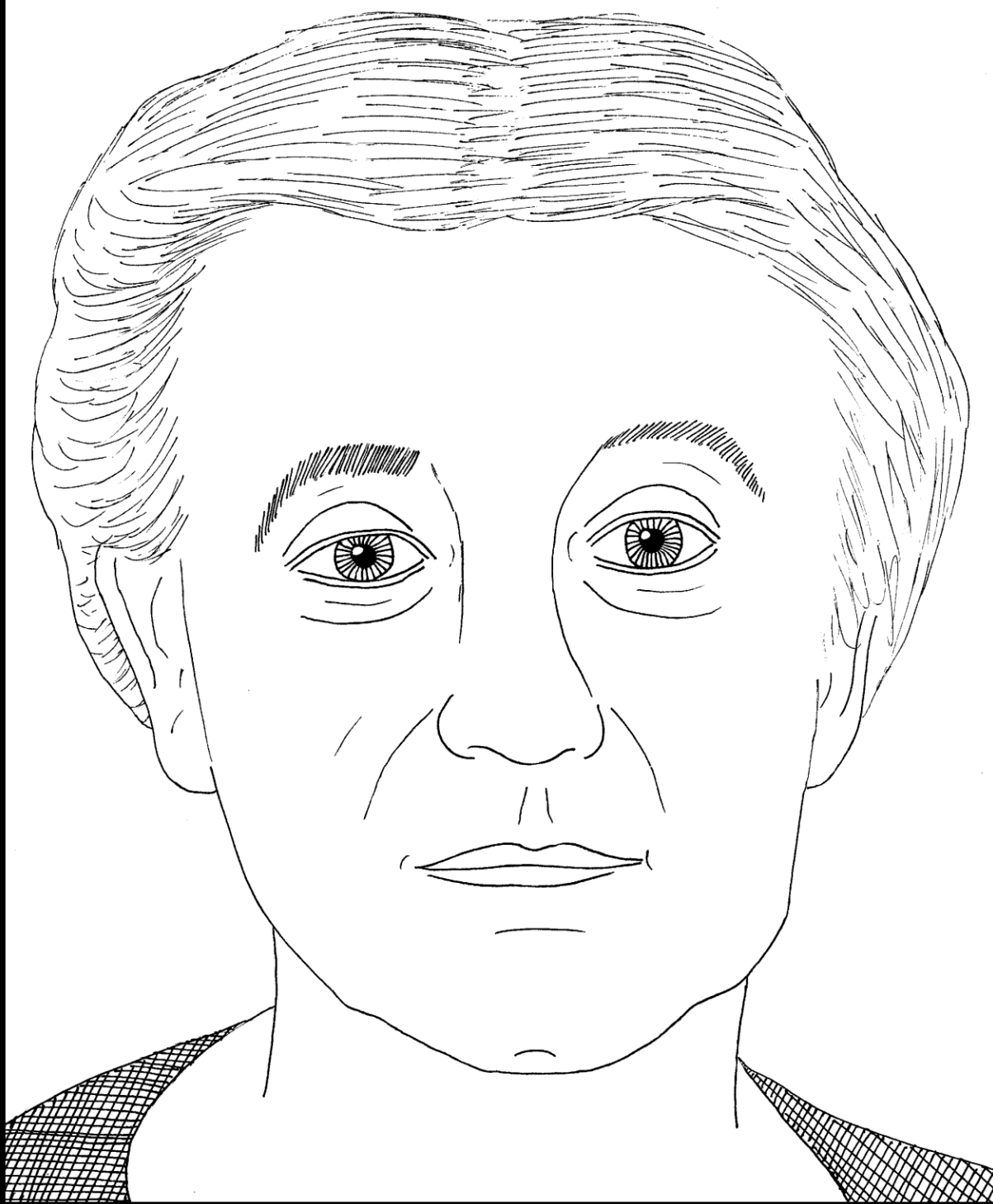
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**"Nothing could be worse than the fear that one has given up too soon, and left one unexpended effort which might have saved the world."**

**-- Jane Addams**

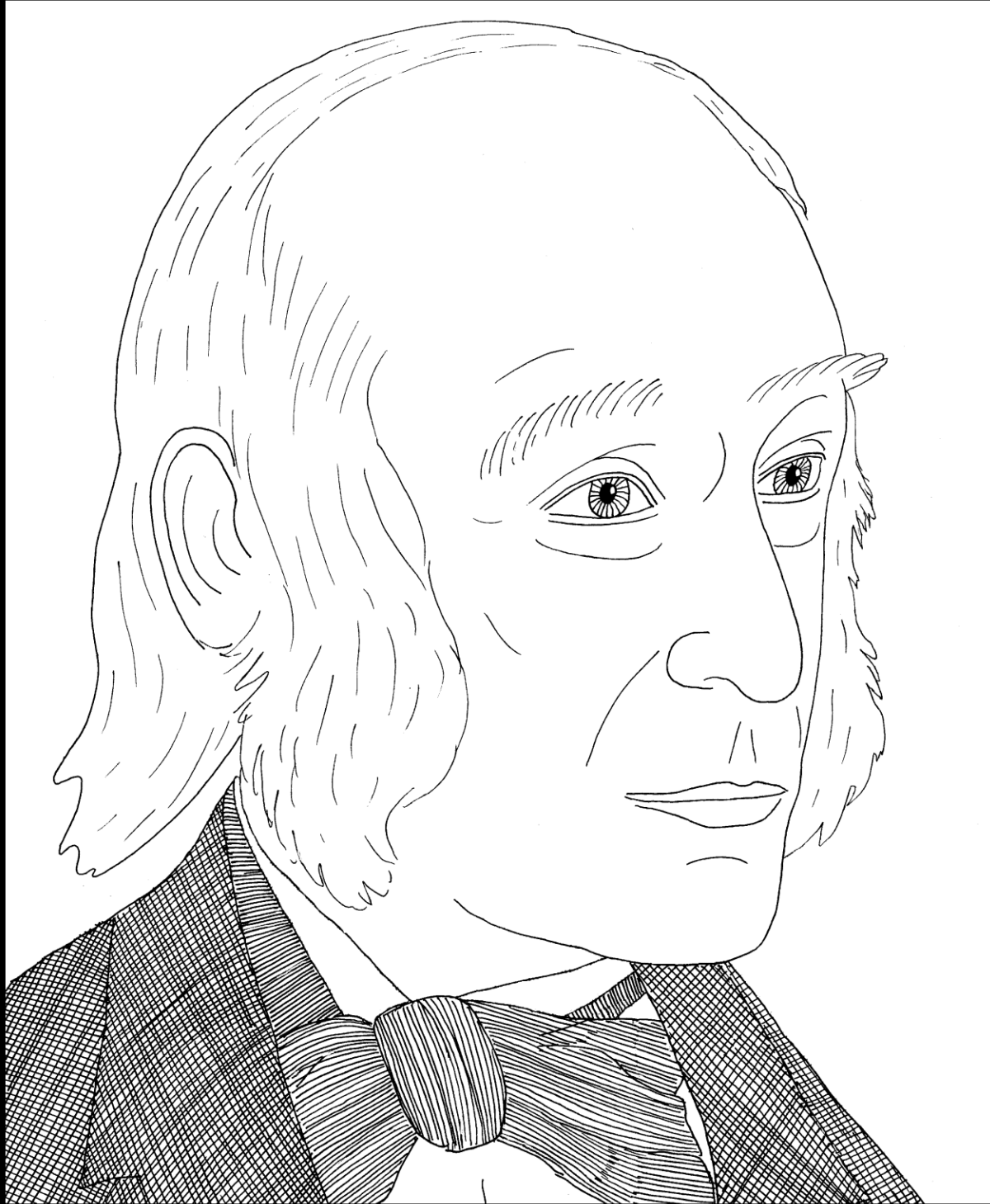
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**“Success is sweet and sweeter if long delayed  
and gotten through many struggles and defeats.”**  
-- Amos Bronson Alcott

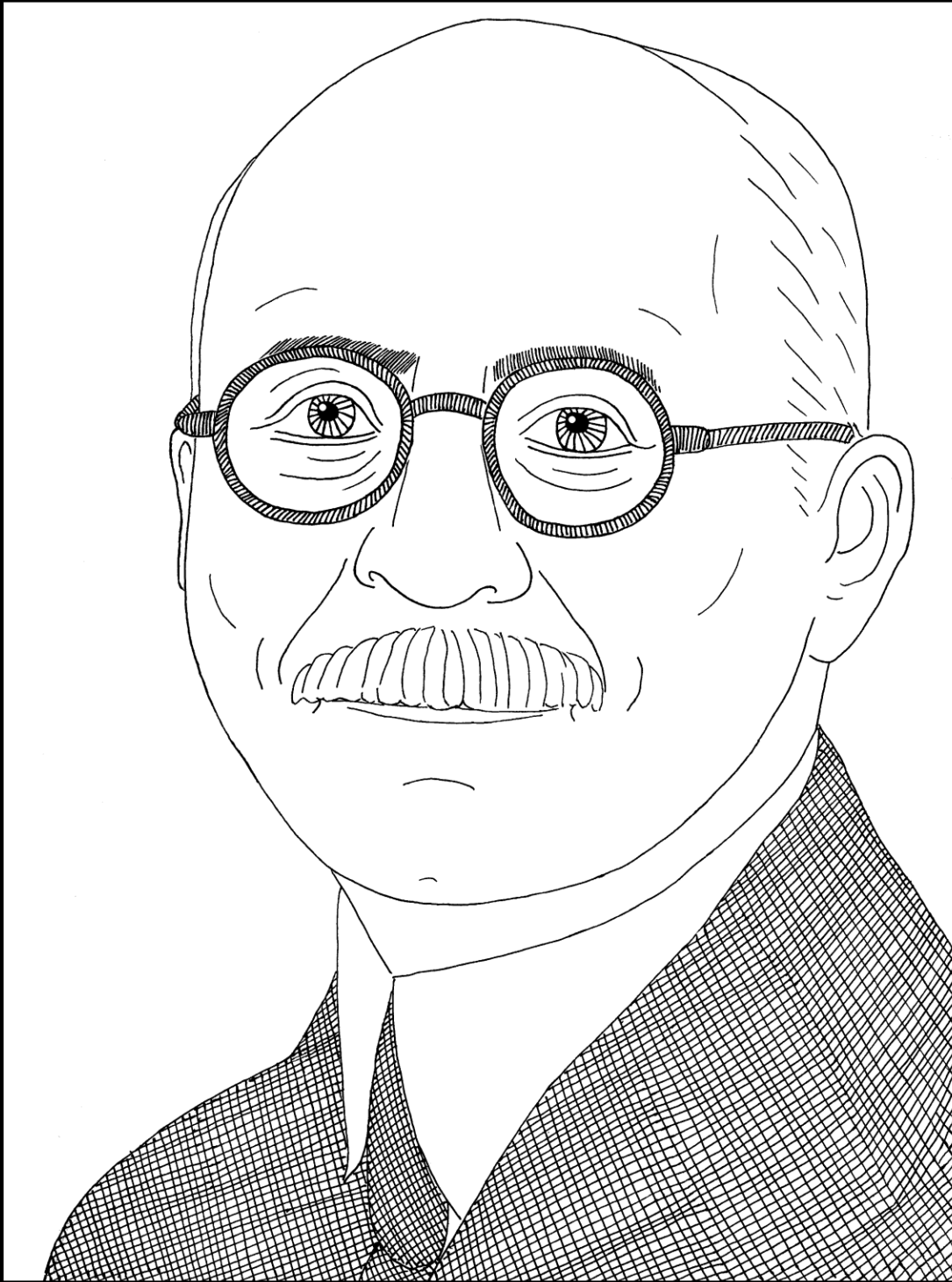
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**"Keep on keeping on."  
-- Edgar Allen (Founder of Easter Seals)**

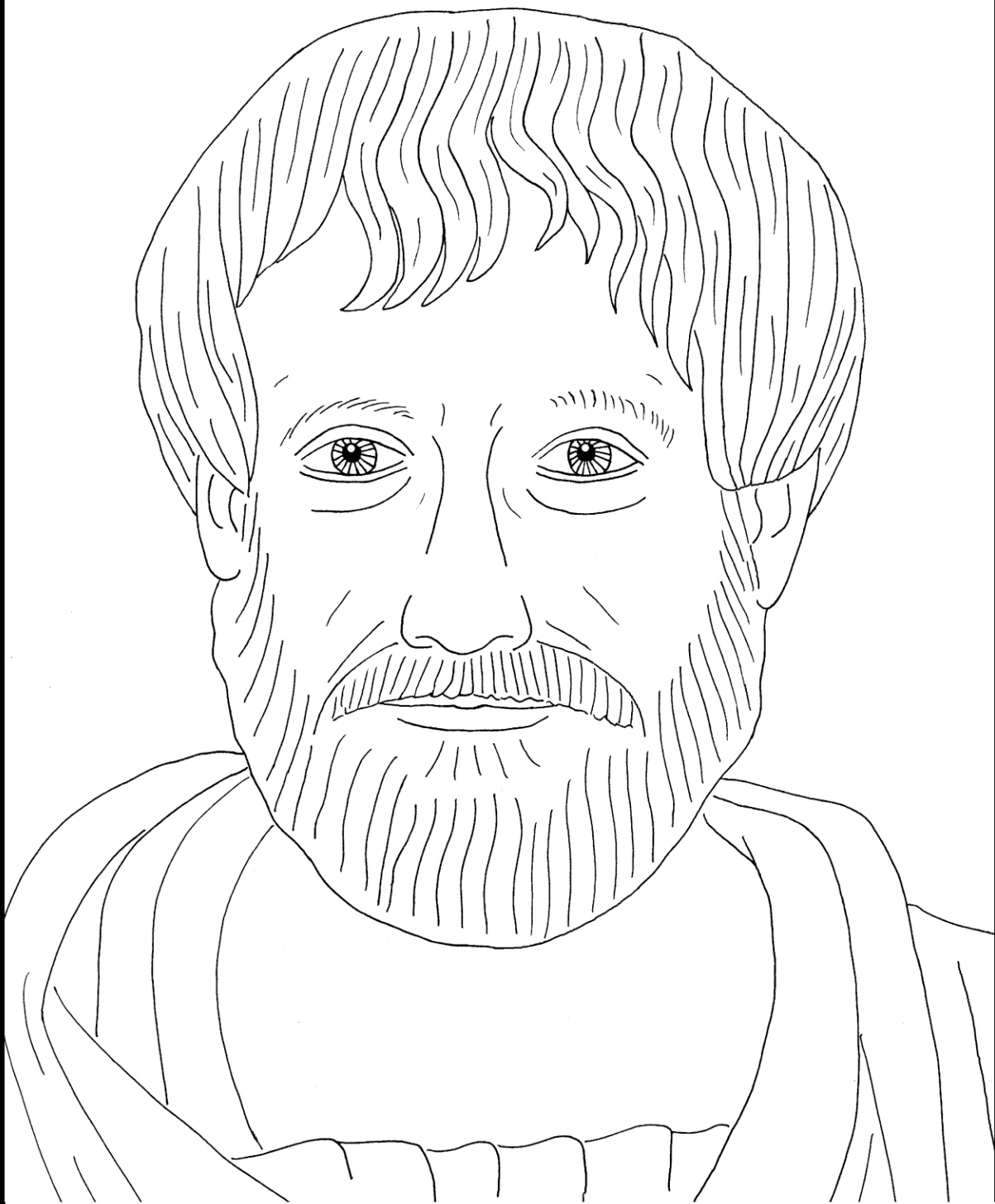
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**"It is possible to fail in many ways...  
while to succeed is possible only in one way."  
-- Aristotle**

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**“The difference between perseverance and obstinacy is that one often comes from a strong will, and the other from a strong won't.”**  
-- Henry Ward Beecher

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"When the story of these times gets written,  
we want it to say that we did all we could,  
and it was more than anyone could have imagined."

-- Bono

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**"Take it from me: life's a struggle but you can win."  
-- Erin Brockovich**

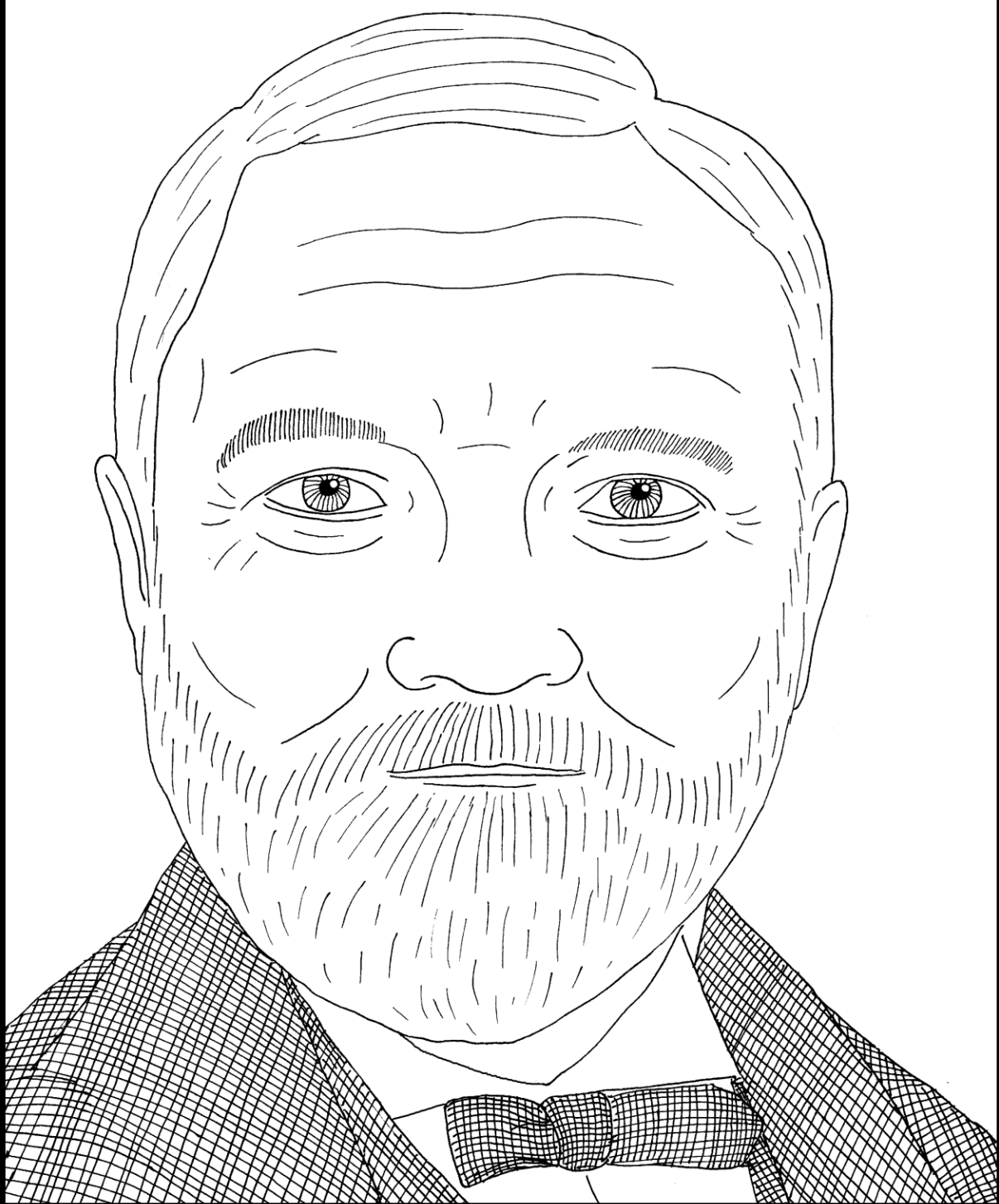
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**“Think of yourself as on the threshold of unparalleled success. A whole, clear, glorious life lies before you. Achieve! Achieve!”**  
-- Andrew Carnegie

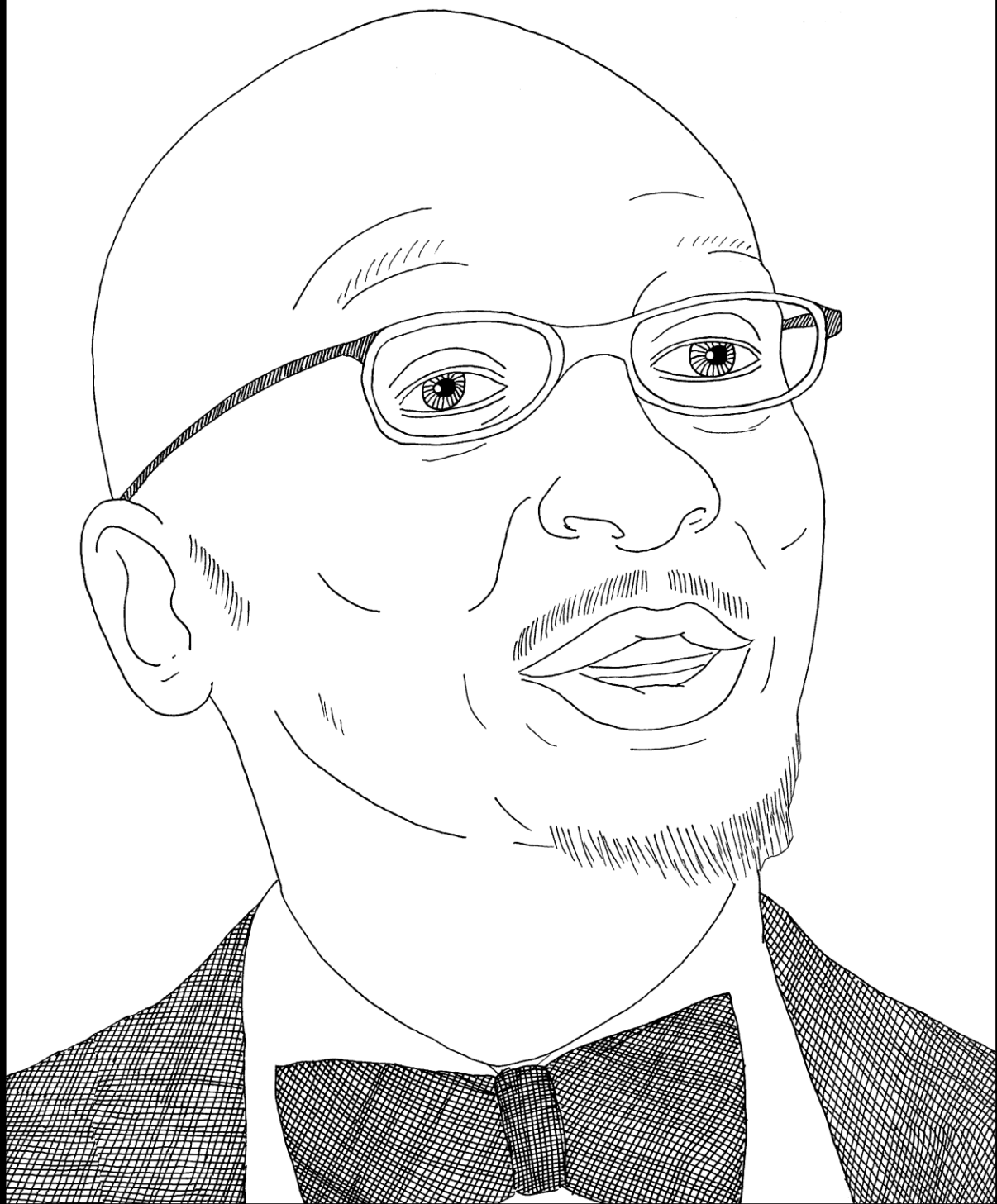
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**“Rome was not built in a day ; opposition will come your way  
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**"The only failure is not to try."  
-- George Clooney**

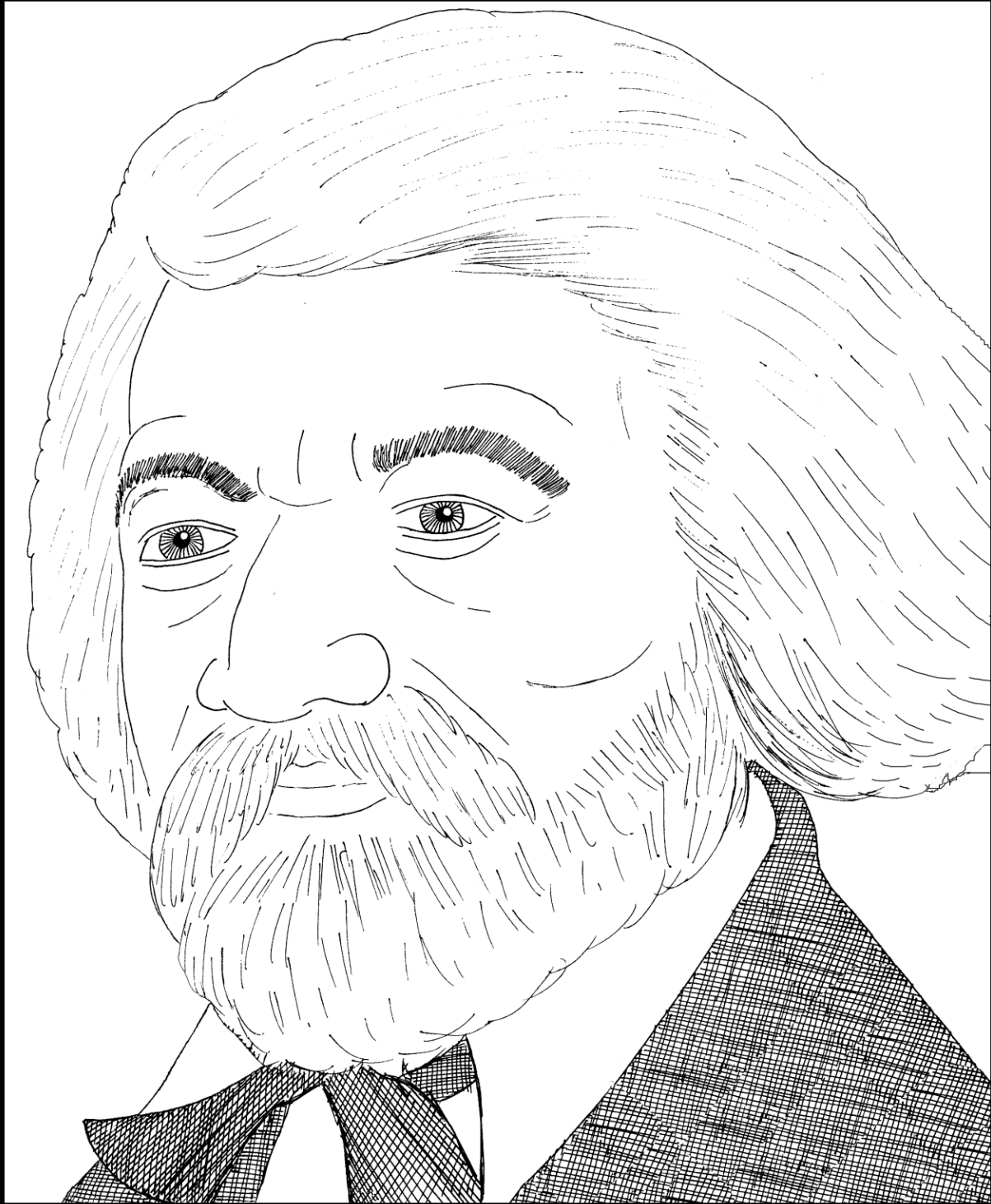
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**"If there is no struggle, there is no progress."  
-- Frederick Douglass**

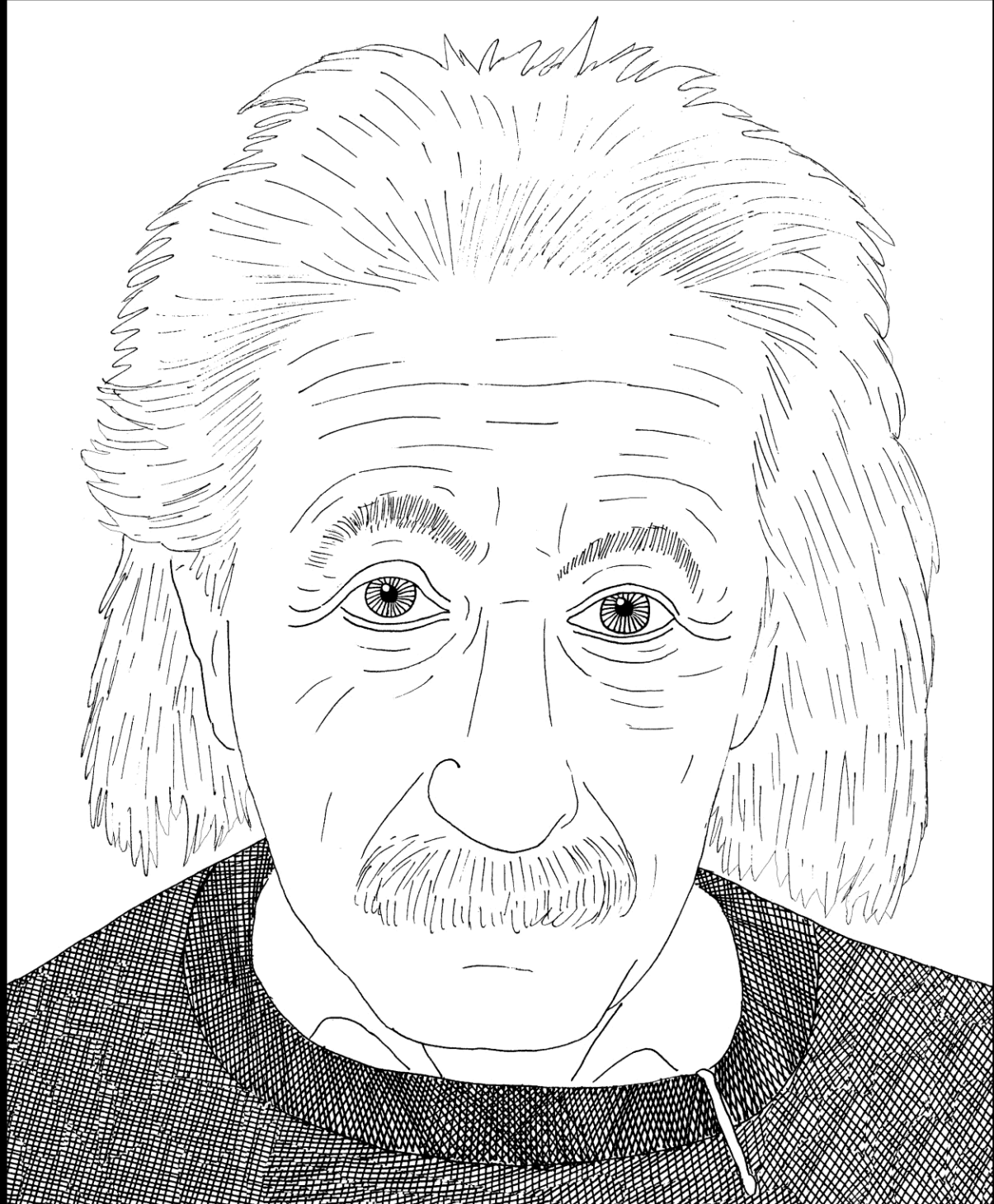
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**"It's not that I'm so smart, it's just that I stay with problems longer."  
-- Albert Einstein**

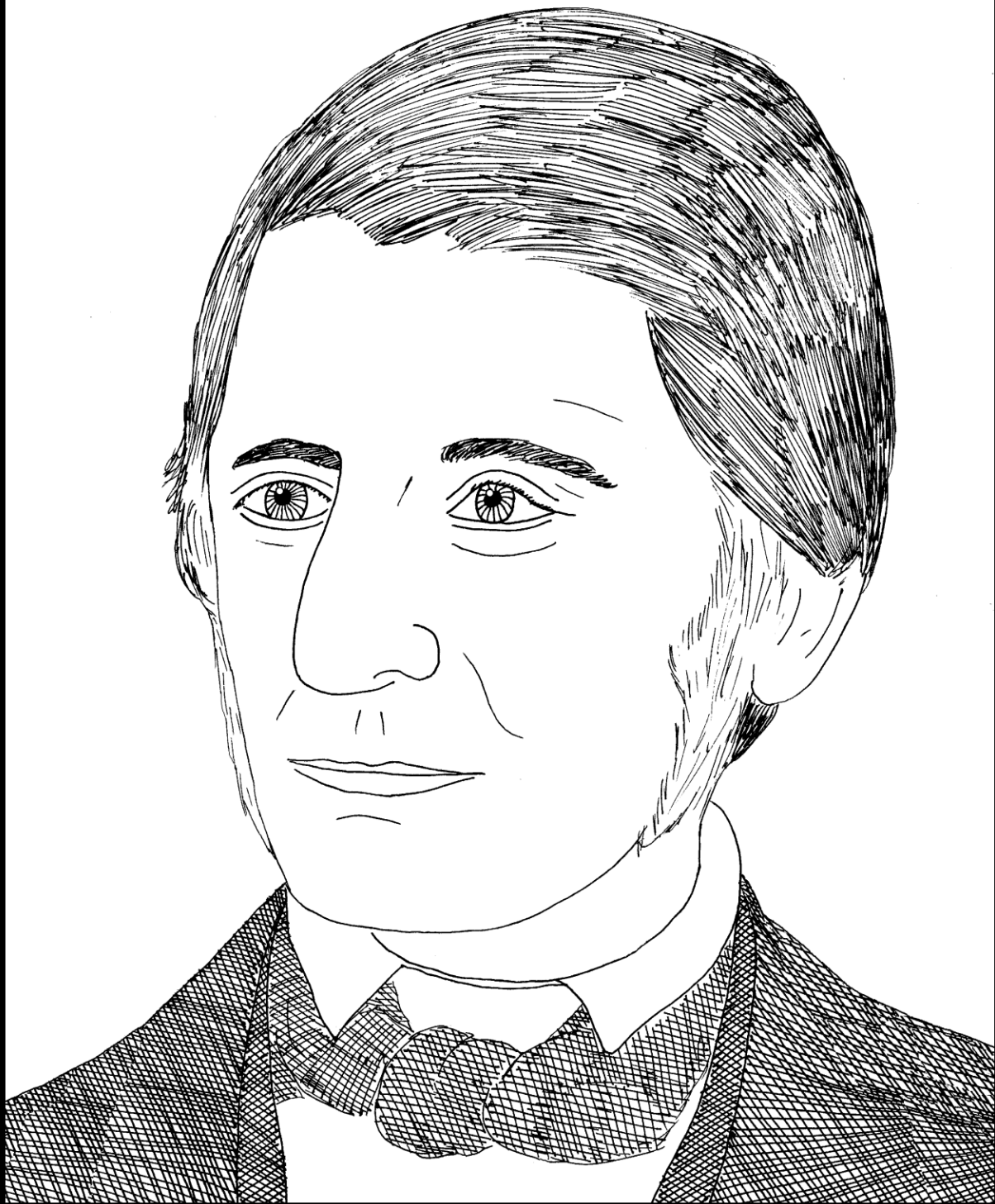
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"Our greatest glory is not in never failing,  
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-- Ralph Waldo Emerson

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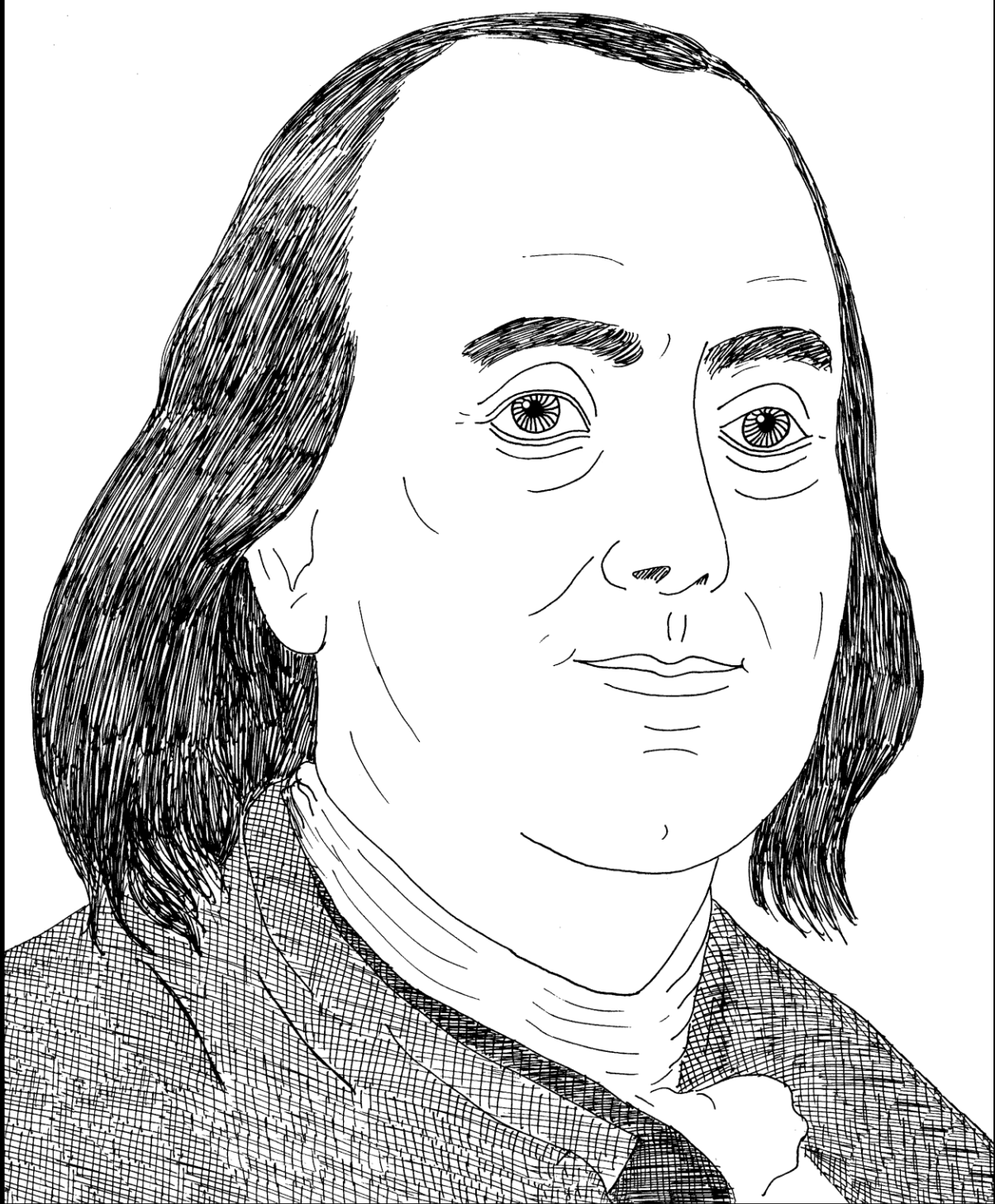
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**“Energy and persistence conquer all things.”  
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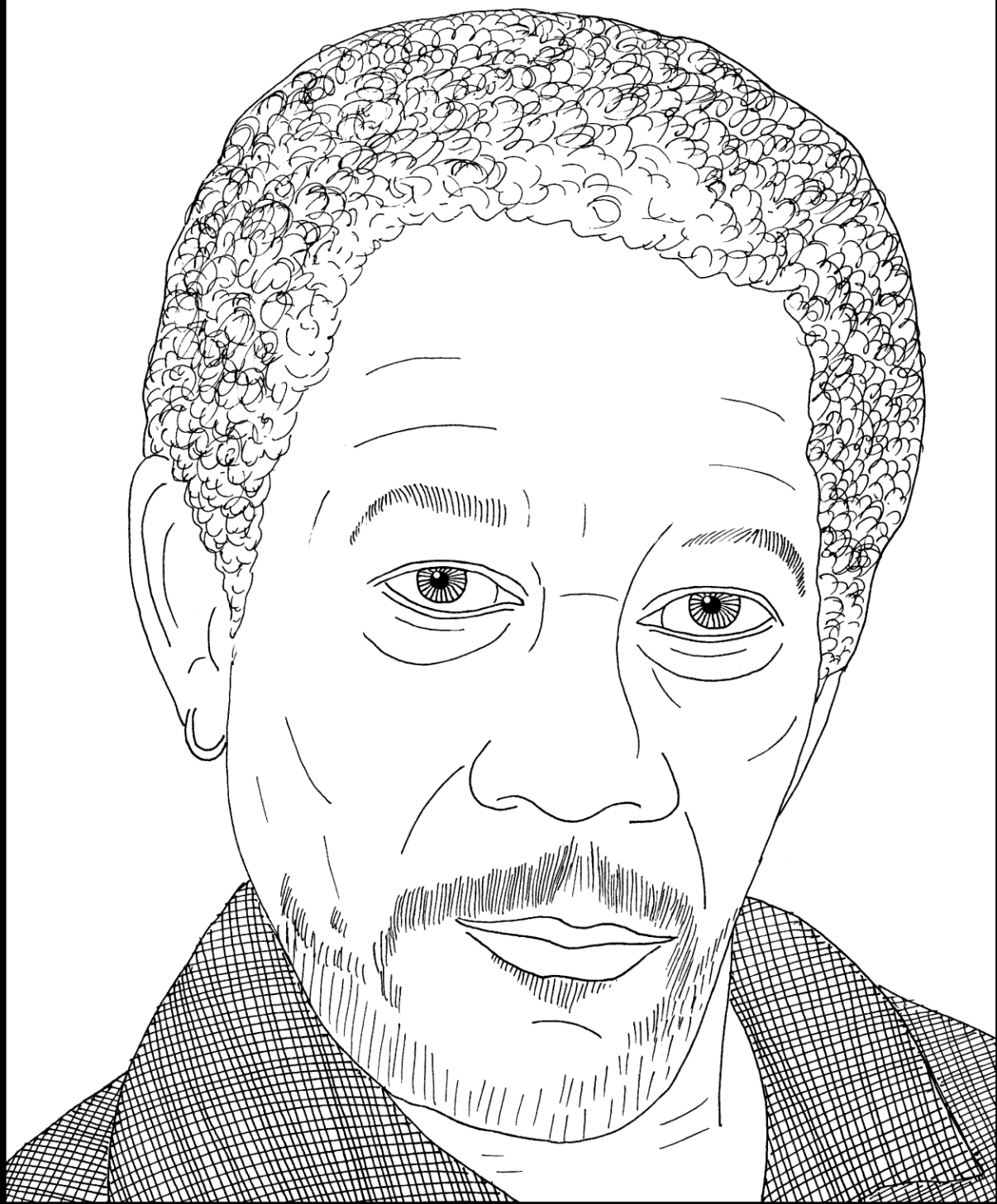
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**“The best way to guarantee a loss is to quit.”  
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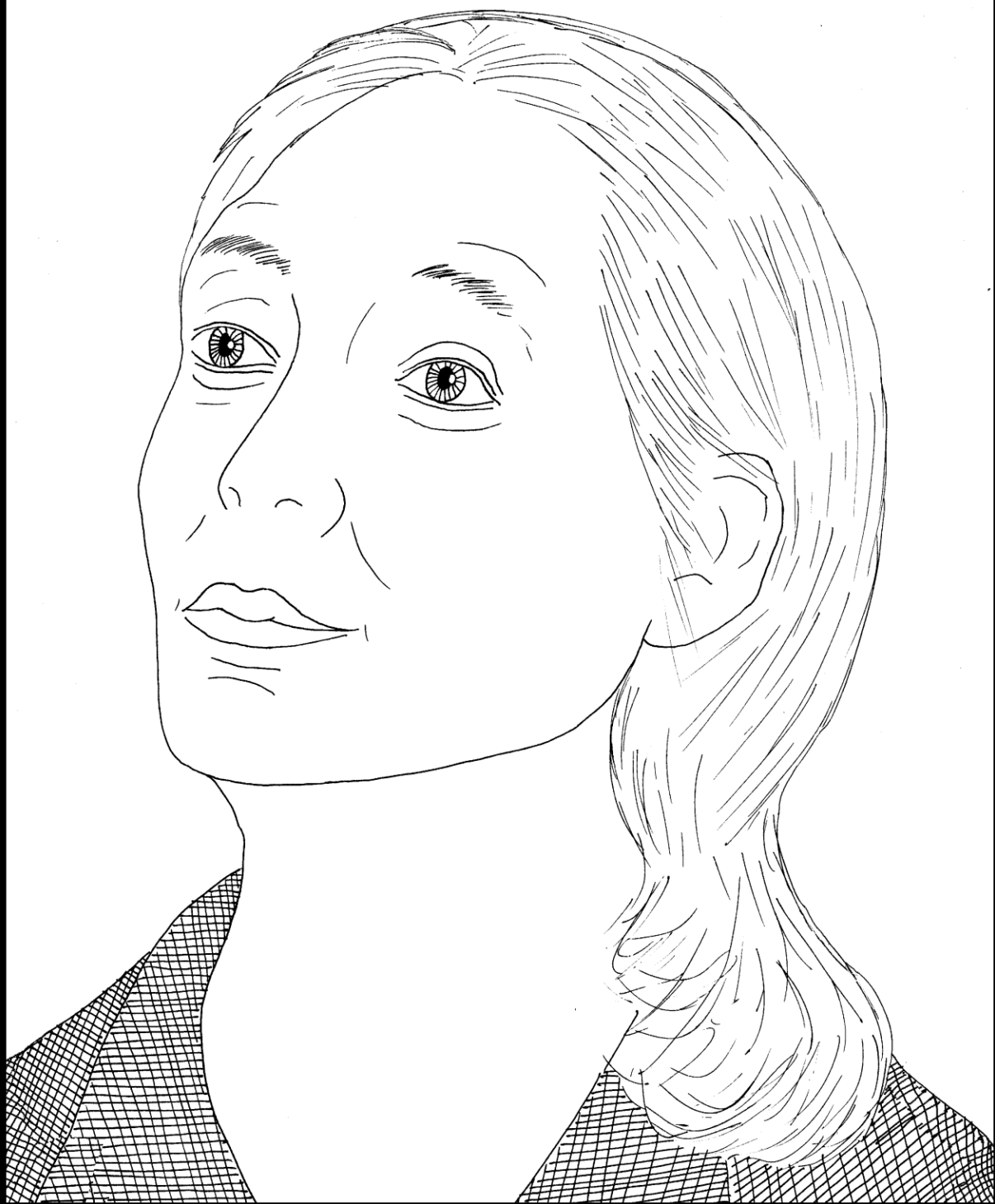
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"When I began my humanitarian work, I understood that in order to gain credibility I needed patience, commitment and unwavering perseverance. I needed to ignore the skeptics."

-- Bianca Jagger

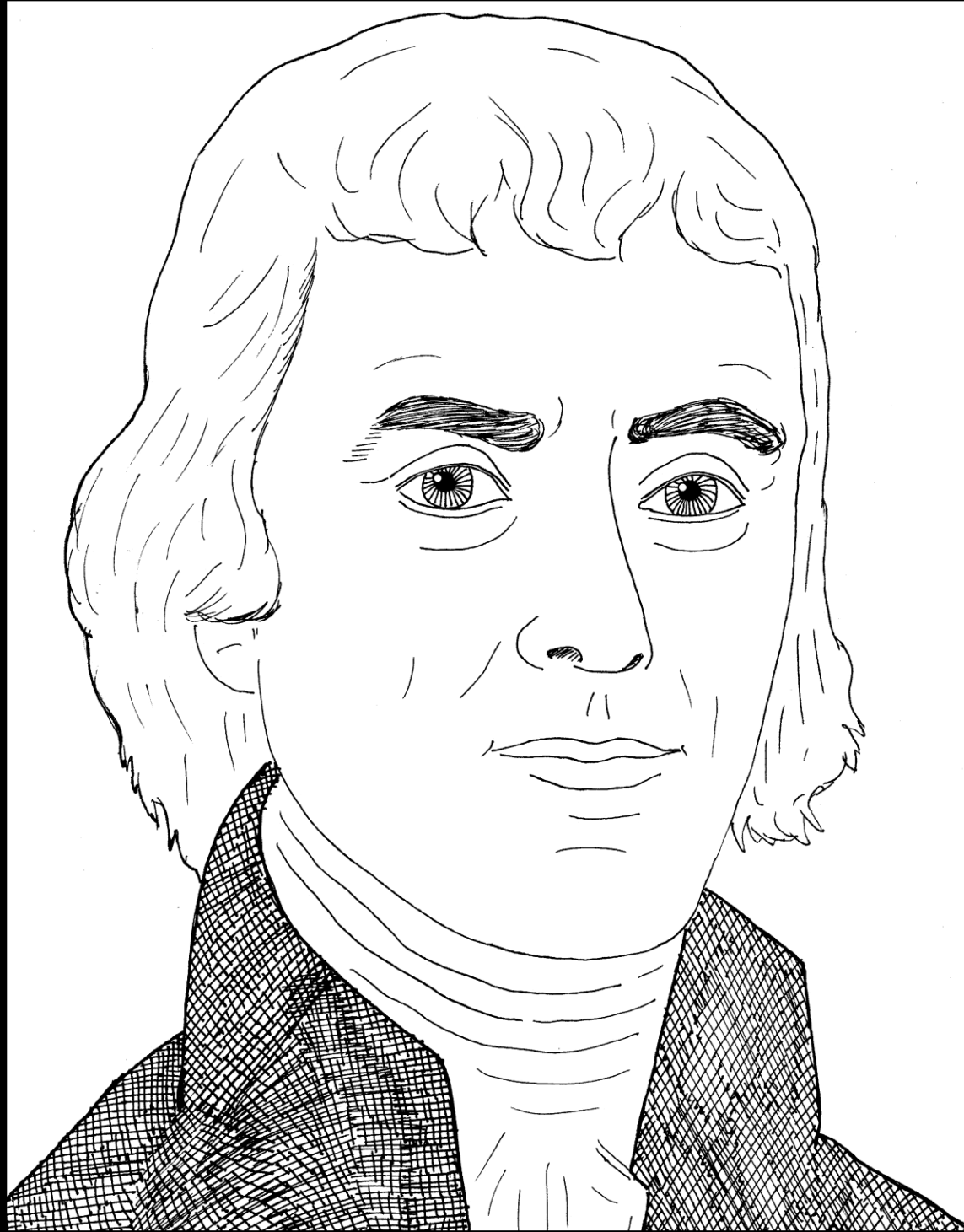
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**"Defeat is simply a signal to press onward."  
-- Helen Keller**

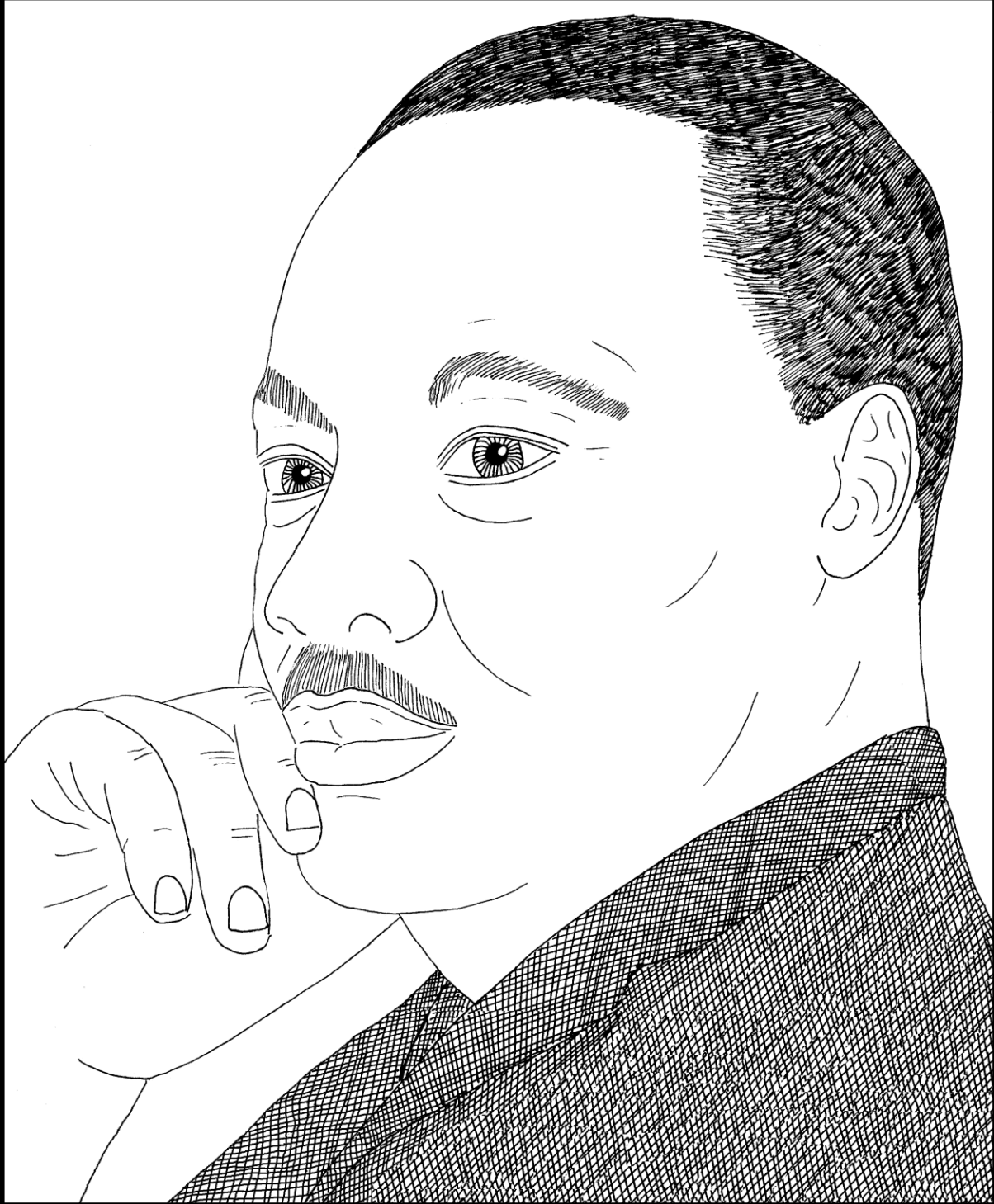
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"If you lose hope, somehow you lose the vitality that keeps life moving, you lose that courage to be, that quality that helps you go on in spite of it all. And so today I still have a dream."

-- Martin Luther King, Jr.

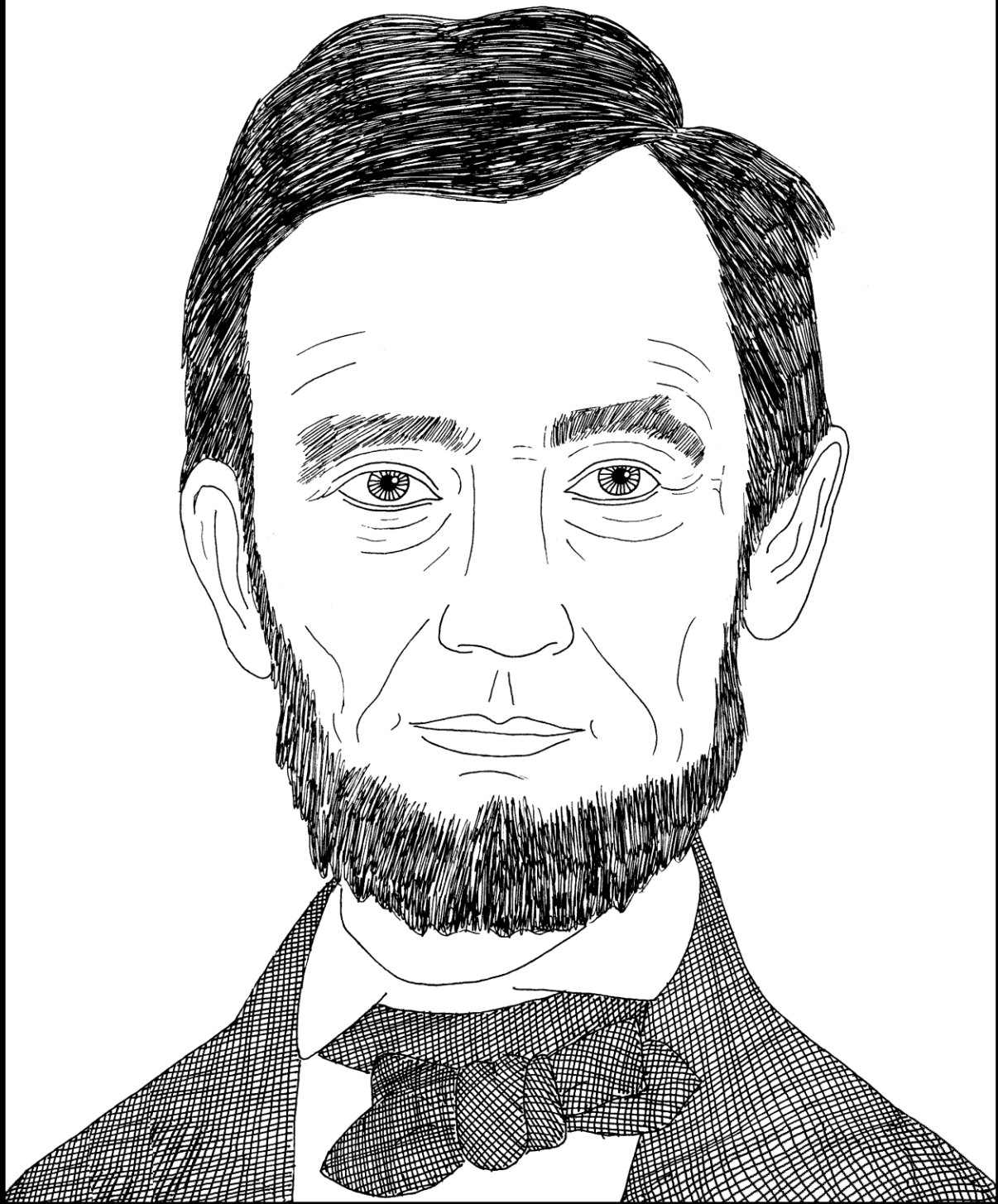
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"The probability that we may fail in the struggle ought not to deter us from the support of a cause we believe to be just."

-- Abraham Lincoln

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**“It always seems impossible until its done.”  
-- Nelson Mandela**

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"Making your mark on the world is hard. If it were easy, everybody would do it. But it's not. It takes patience, it takes commitment, and it comes with plenty of failure along the way. The real test is not whether you avoid this failure, because you won't. it's whether you let it harden or shame you into inaction, or whether you learn from it; whether you choose to persevere." -- Barack Obama

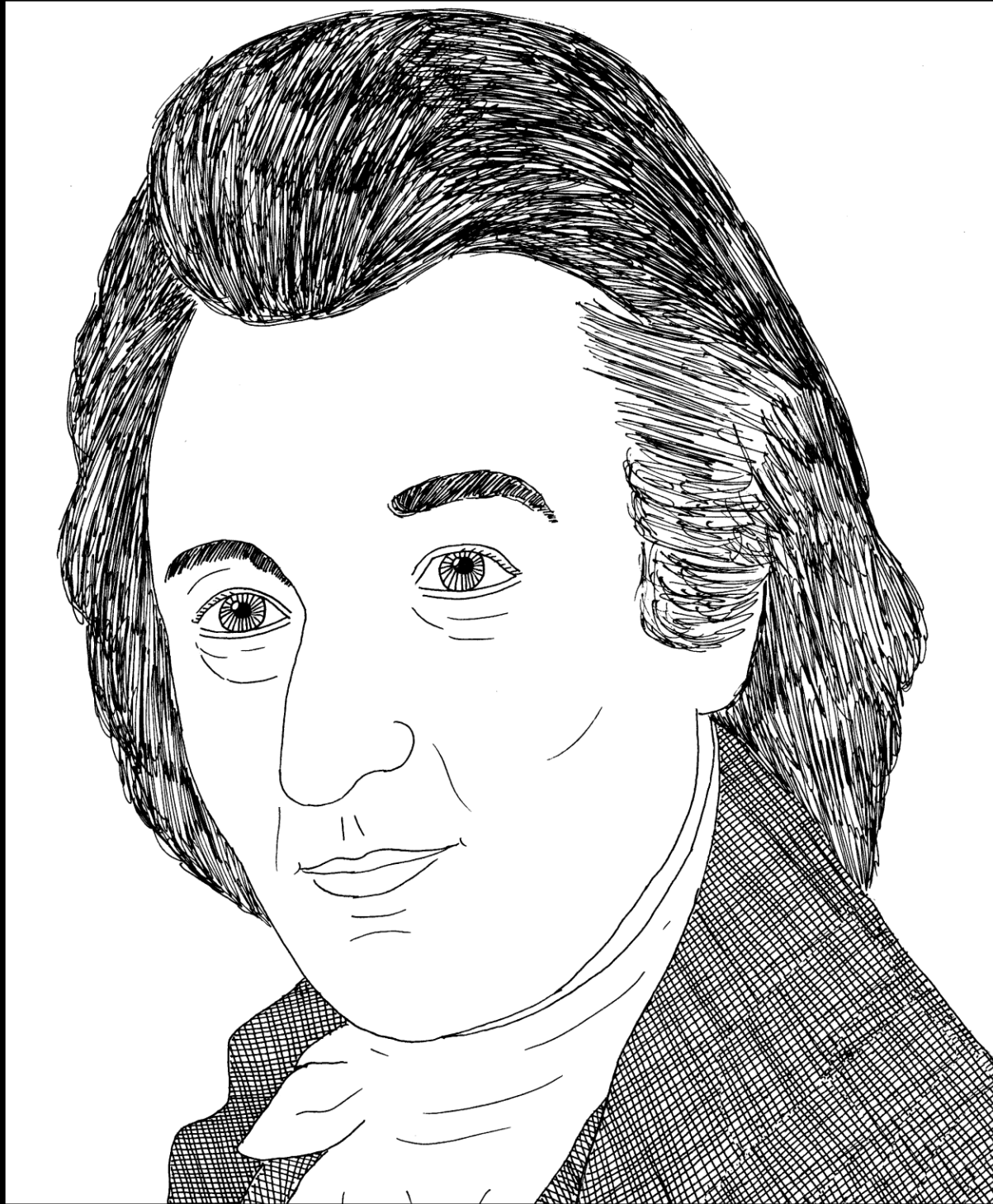
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# BE A HERO FOR A BETTER WORLD

MAKE  
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DIFFERENCE



MAKE  
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"The harder the conflict, the more glorious the triumph.  
What we obtain too cheap, we esteem too lightly;  
it is dearness only that gives everything its value."  
-- Thomas Paine

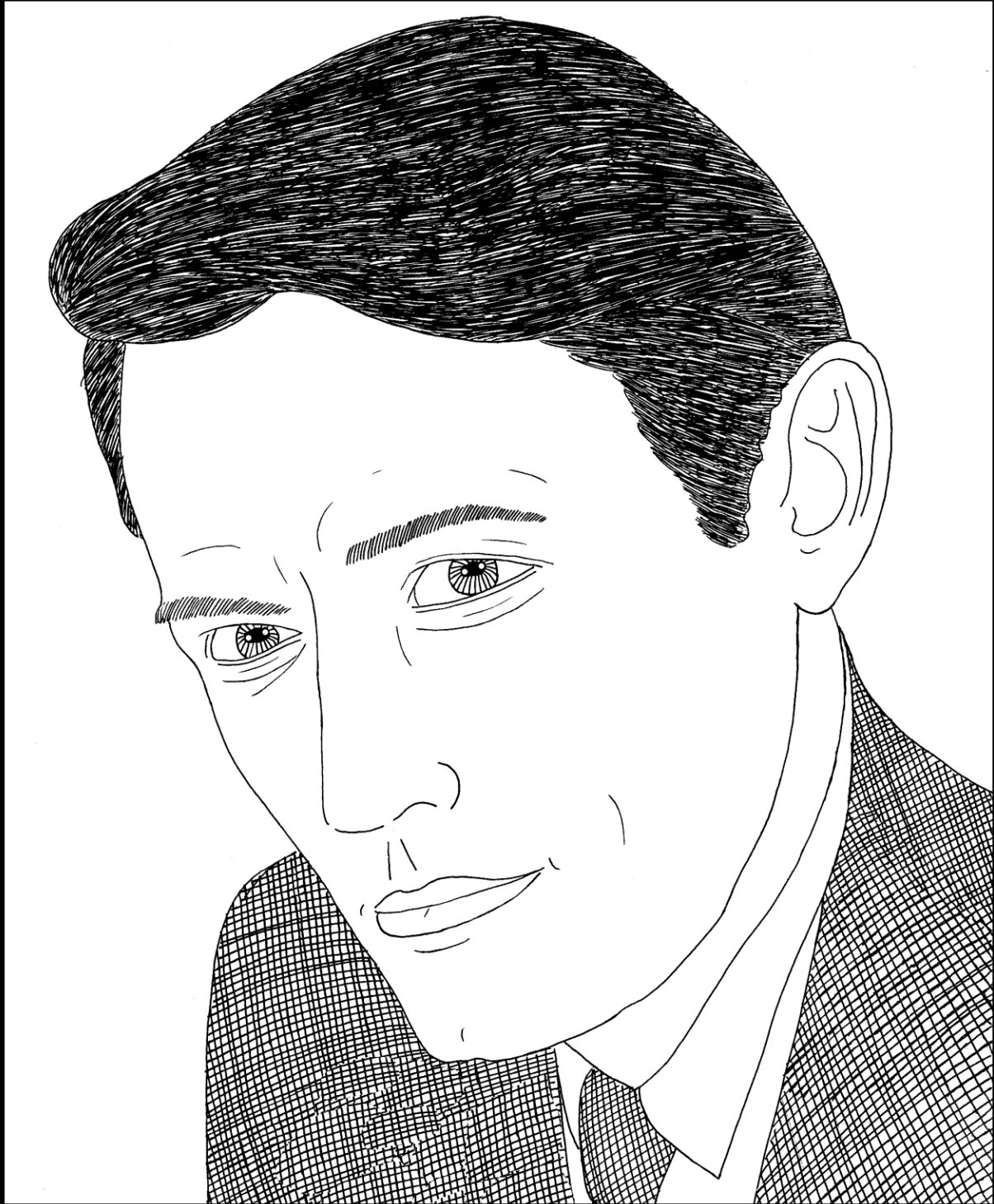
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"You have to dream, you have to have a vision and you have to set a goal for yourself that might even scare you a little at times because sometimes that seems far beyond your reach. Then I think you have to develop a kind of resistance to rejection, and to the disappointments that are sure to come your way. Tough times don't last, tough people do..." -- Gregory Peck

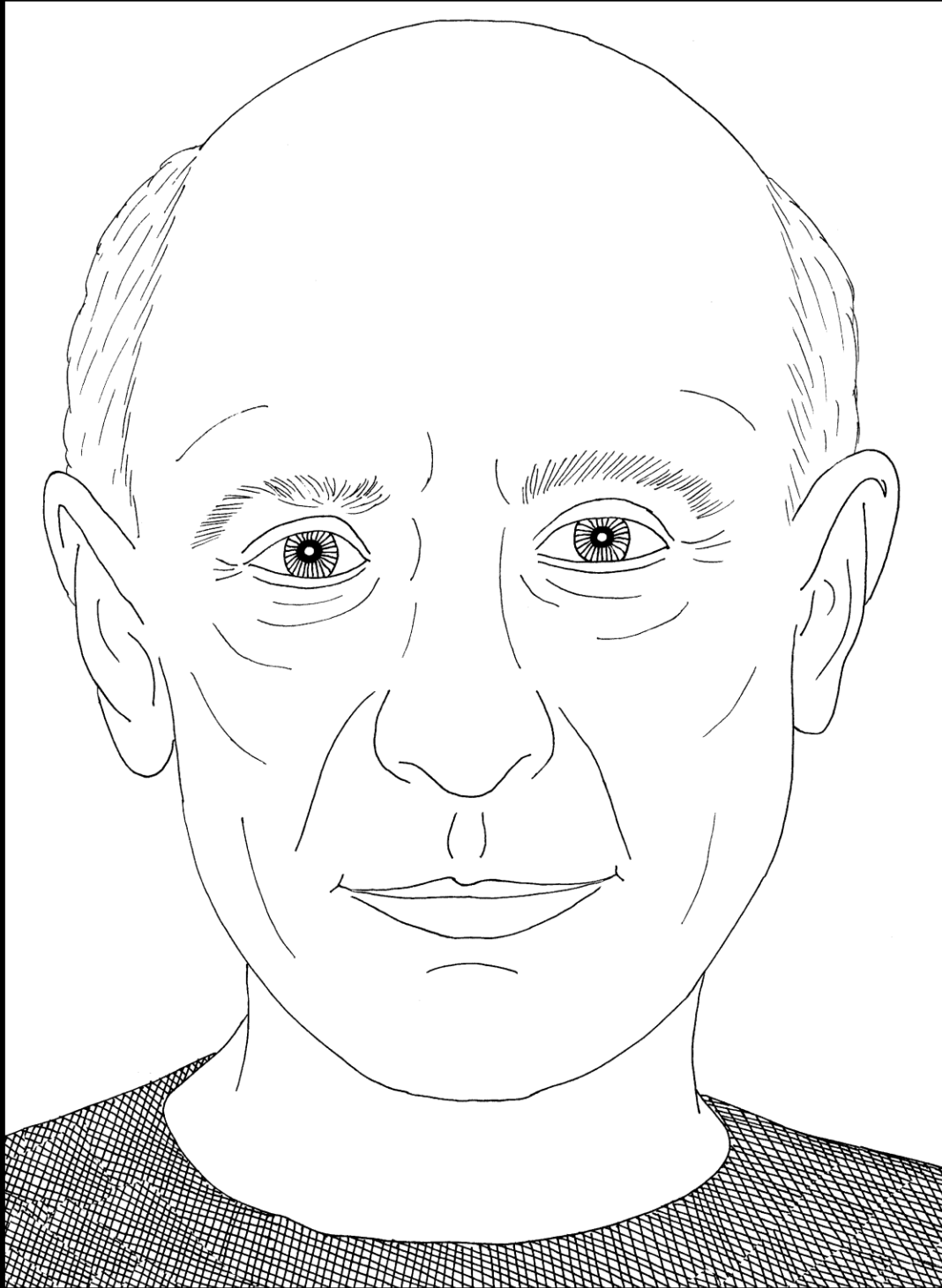
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**"Inspiration exists, but it has to find us working."  
-- Pablo Picasso**

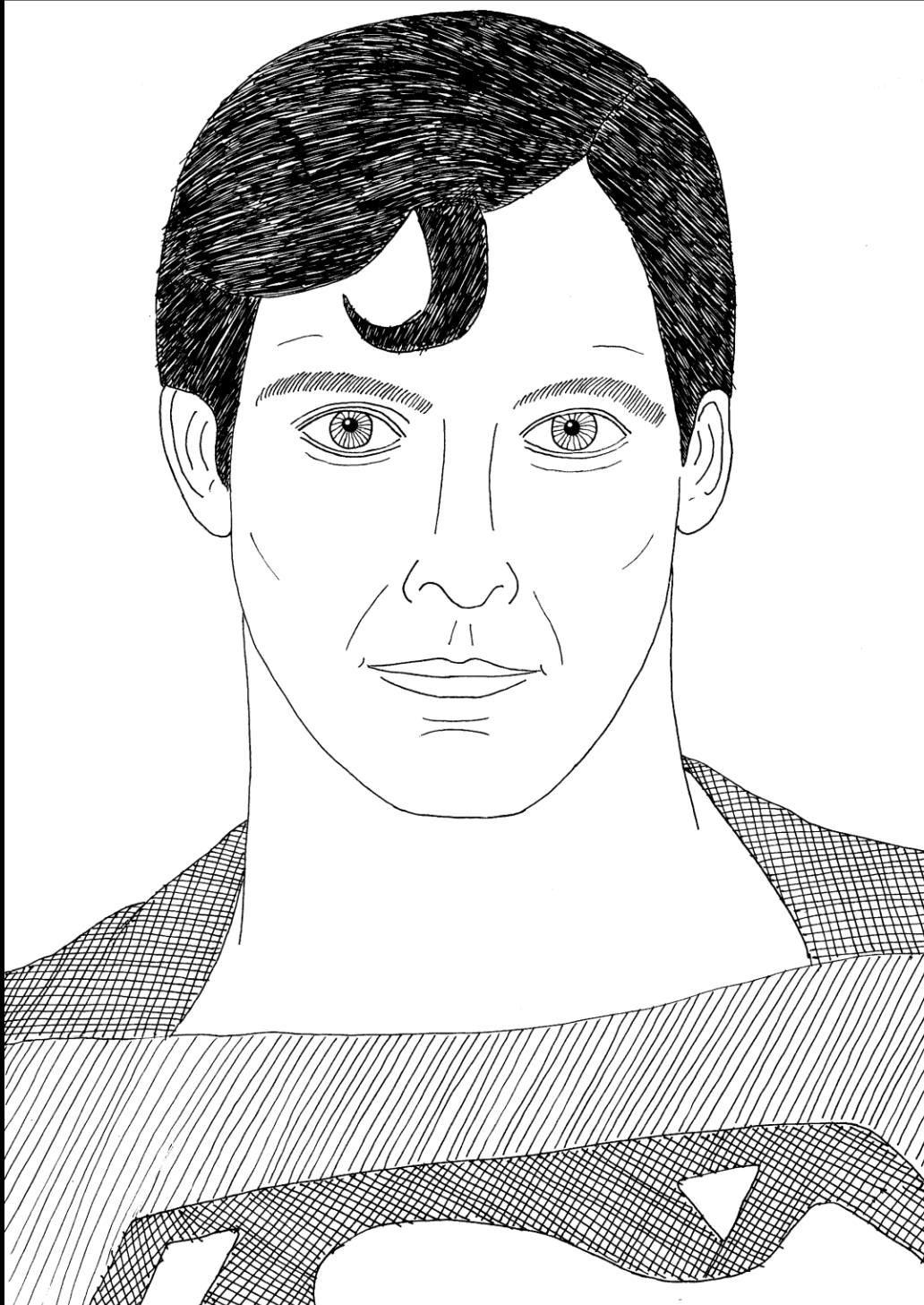
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"I think a hero is an ordinary individual who finds strength to persevere and endure in spite of overwhelming obstacles."

-- Christopher Reeve

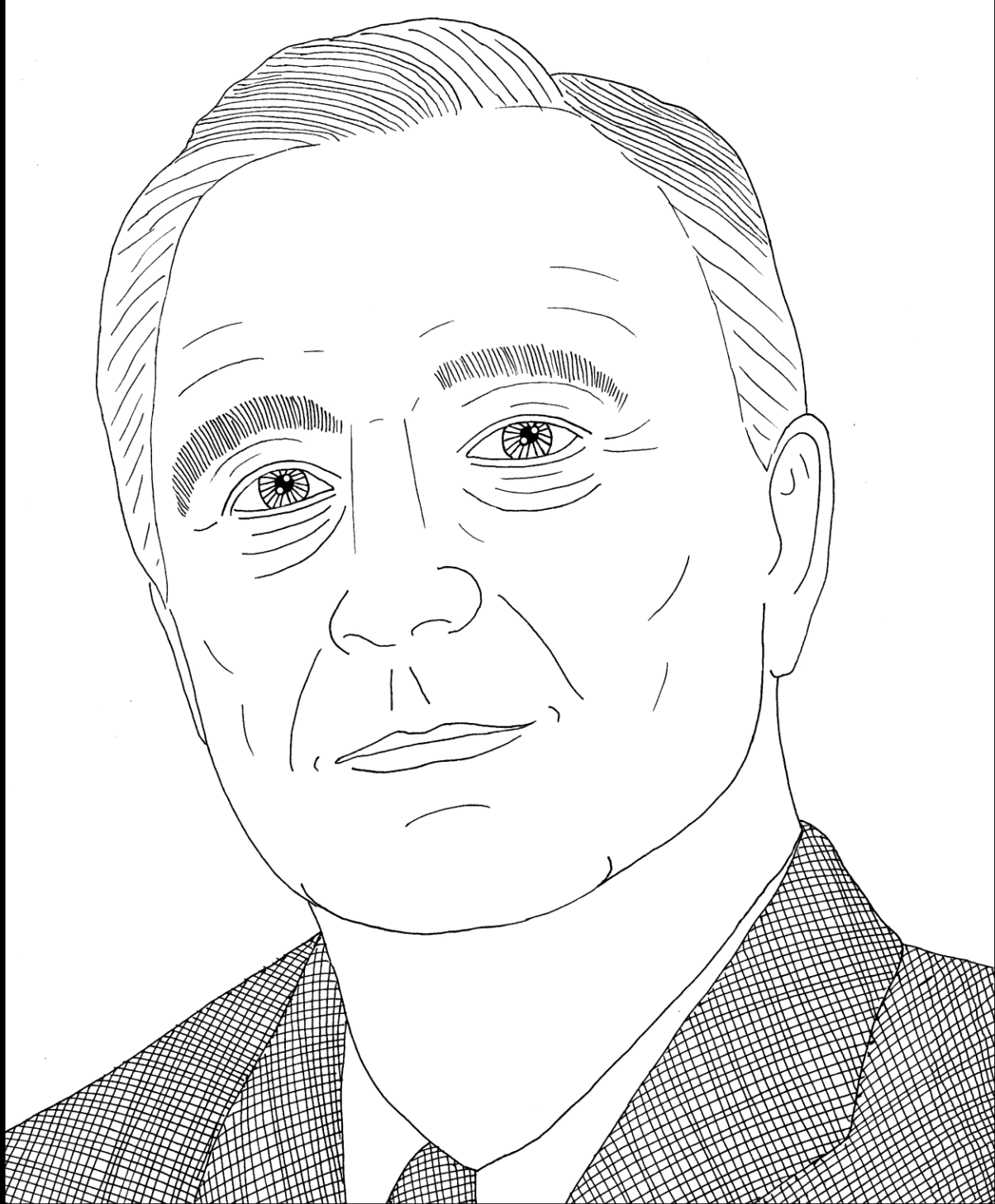
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**"It is common sense to take a method and try it.  
If it fails, admit it frankly and try another.  
But above all, try something."**

**-- Franklin D. Roosevelt**

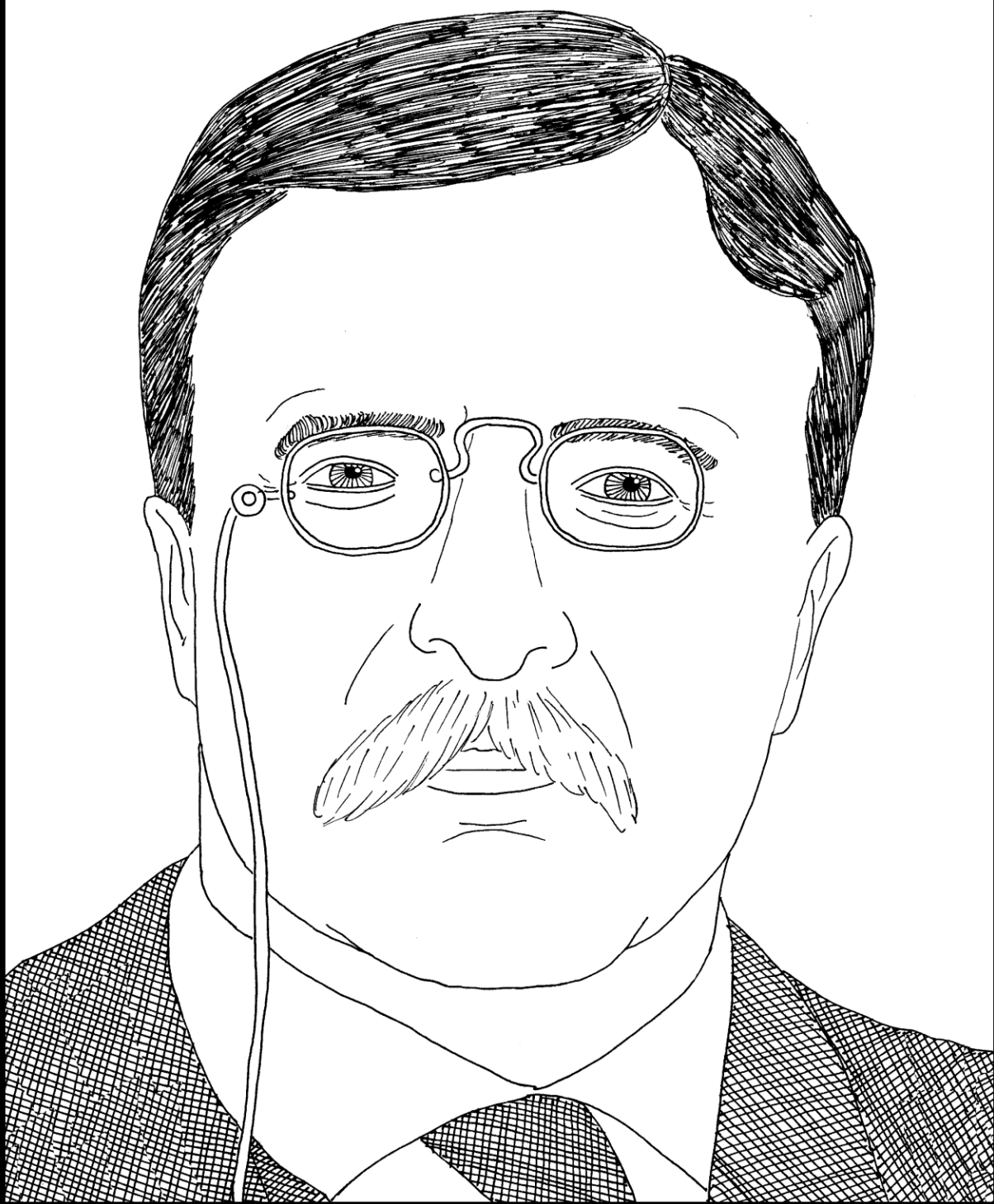
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"There are two kinds of success. One is the rare kind that comes to the person who has the power to do what no one else has the power to do. That is genius. But the average person who wins what we call success is not a genius. That person is a man or woman who has merely the ordinary qualities that they share with their fellows, but has developed those ordinary qualities to a more than ordinary degree." -- Theodore Roosevelt

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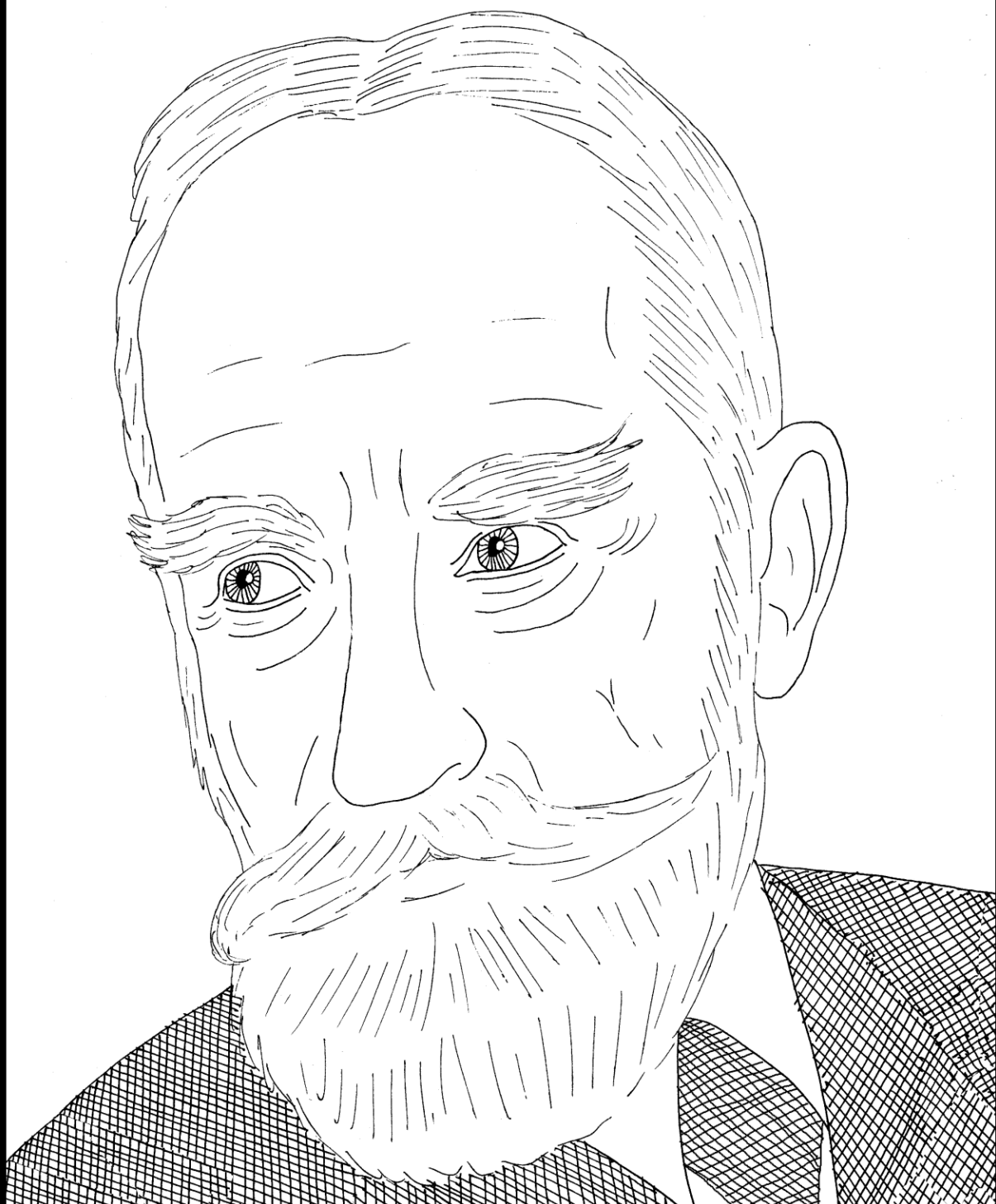
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"People are always blaming their circumstances for what they are. I don't believe in circumstances. The people who get on in this world are the people who get up and look for the circumstances they want, and, if they can't find them, make them."

-- George Bernard Shaw

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"When you get into a tight place and everything goes against you,  
till it seems as though you could not hang on a minute longer,  
never give up then, for it is just the place and time that the tide will turn."  
-- Harriet Beecher Stowe

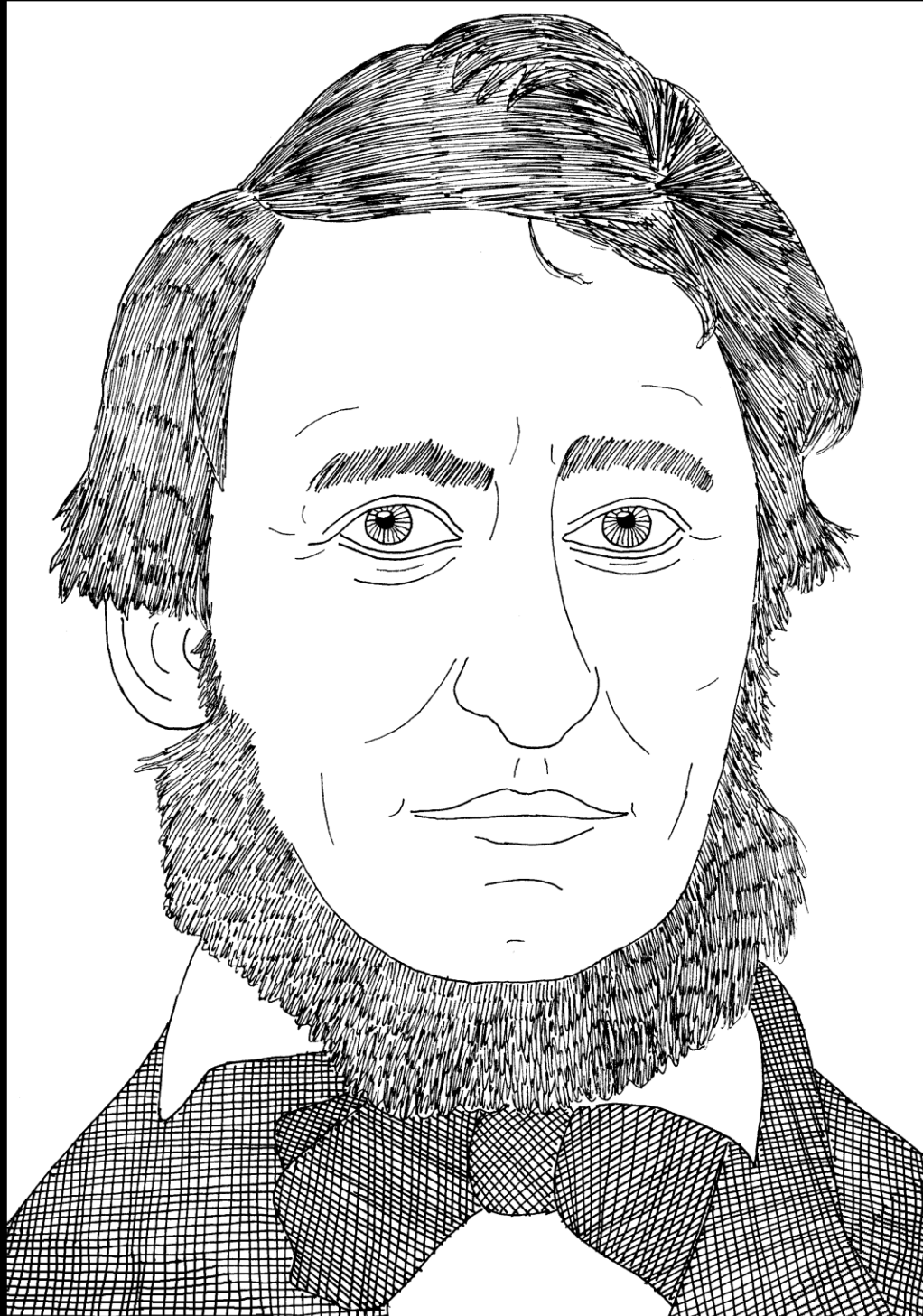
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"All endeavor calls for the ability to tramp the last mile, shape the last plan, endure the last hour's toil. The fight to the finish spirit is the one... characteristic we must possess if we are to face the future as finishers."

-- Henry David Thoreau

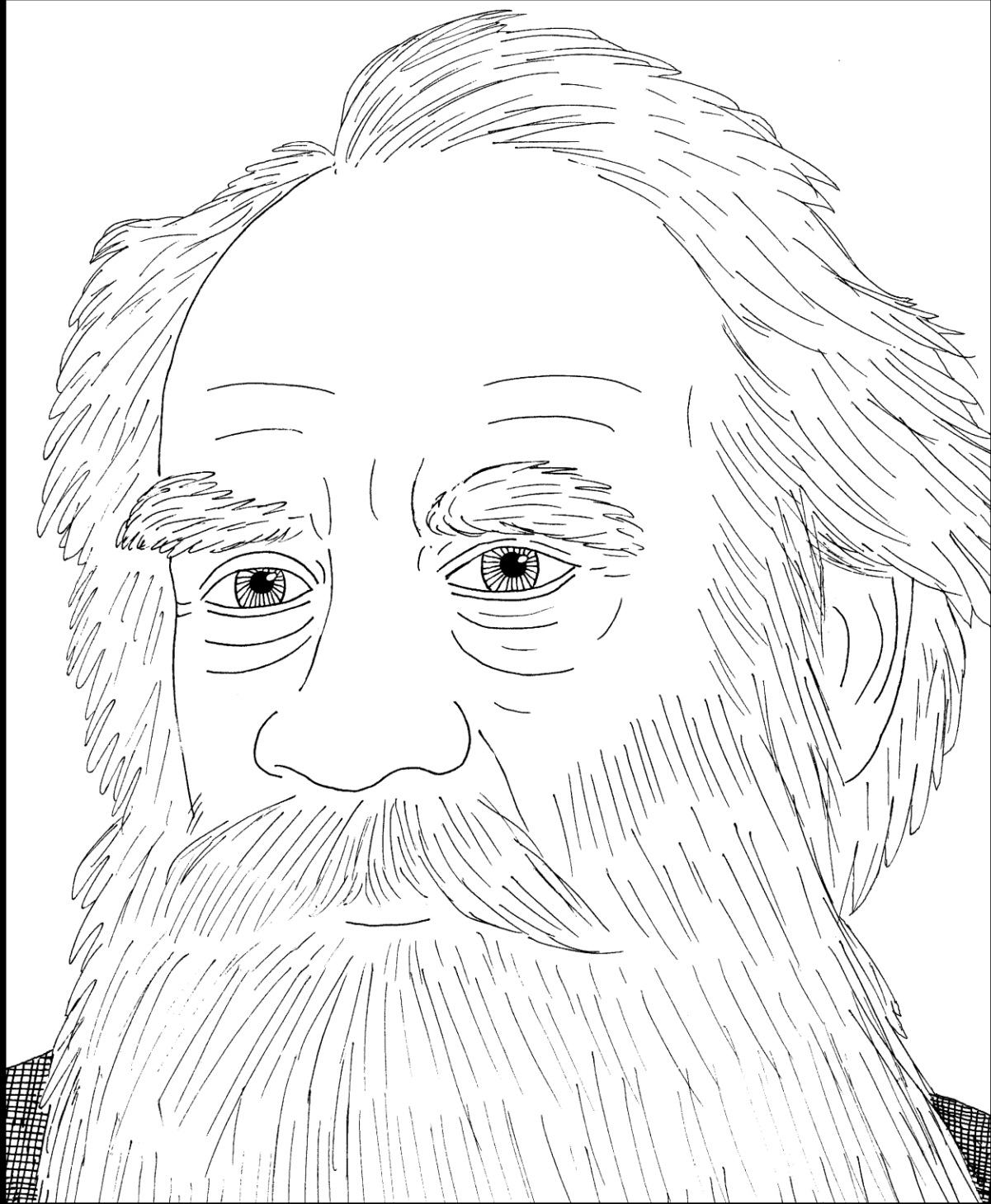
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**"The two most powerful warriors are patience and time."  
-- Leo Tolstoy**

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"If you are tired, keep going; if you are scared, keep going;  
if you are hungry; keep going; if you want to taste freedom, keep going."  
-- Harriet Tubman

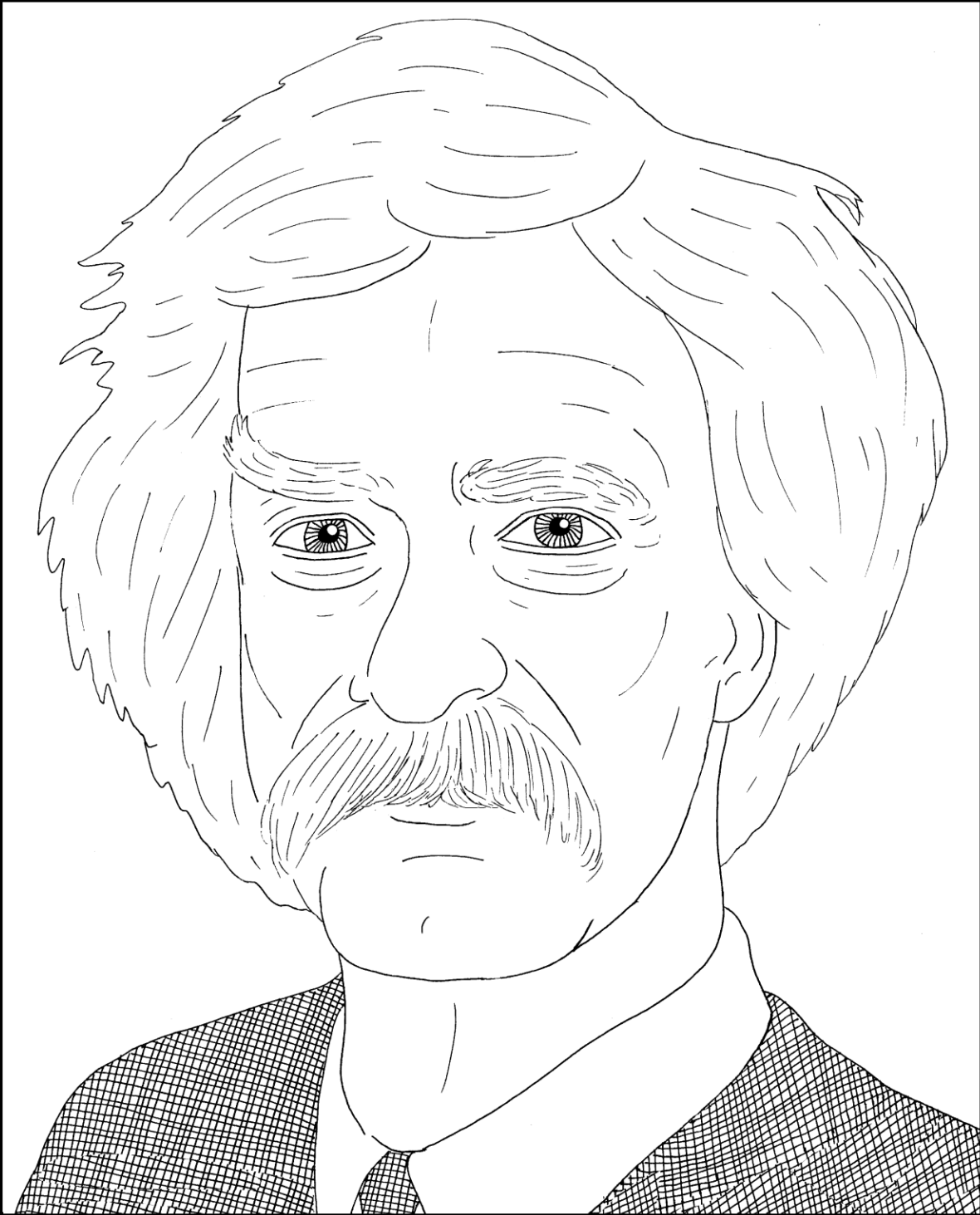
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"The miracle, or the power, that elevates the few is to be found in their industry, application, and perseverance under the promptings of a brave, determined spirit."

-- Mark Twain

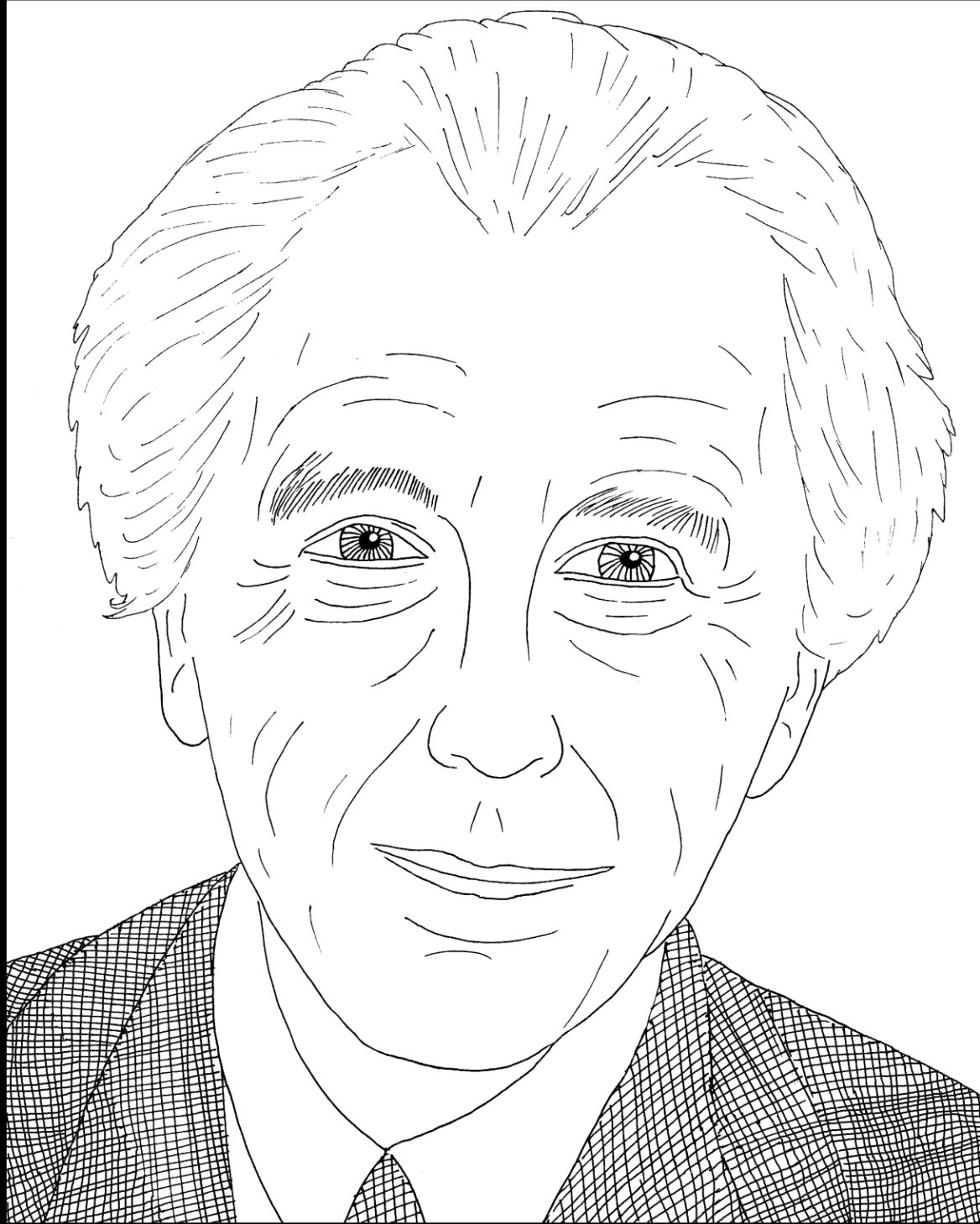
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**"I know the price of success: dedication, hard work and an unremitting devotion to the things you want to see happen."**

**-- Frank Lloyd Wright**

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